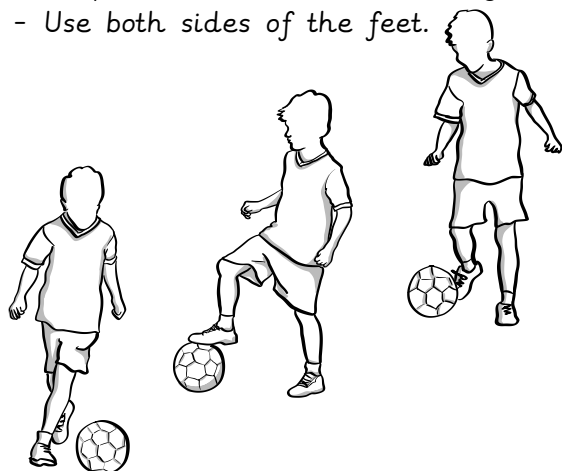


attack	Trying to score.
defend	Protecting an area from attackers and trying to regain possession.
drag back	Dragging the ball backwards using the sole of the foot.
dribble	Moving the ball along the floor using the feet.
opposition	The team or person you play against.
possession	When a person or team is in control of the football.
pulse	The regular beating of blood through the body.
strategy	A plan of action to achieve an aim.
strike	The act of kicking the ball.
tackle	To taking the ball from an opponent.

Control the ball:

- Small, light touches.
- Keep the ball close to the body.
- Use both sides of the feet.



Shooting:

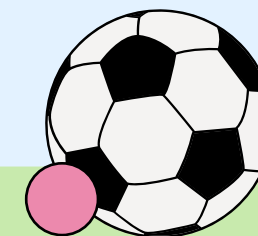
1. Plant.
2. Swing.
3. Strike.
4. Follow through.



Passing:



Short pass	Inside of the foot.
Outside pass	Outside of the foot.
Long pass	Top of the foot.
Over the top pass	Underside of the ball.



The drag back turn:

1. Put your foot on top of the ball.



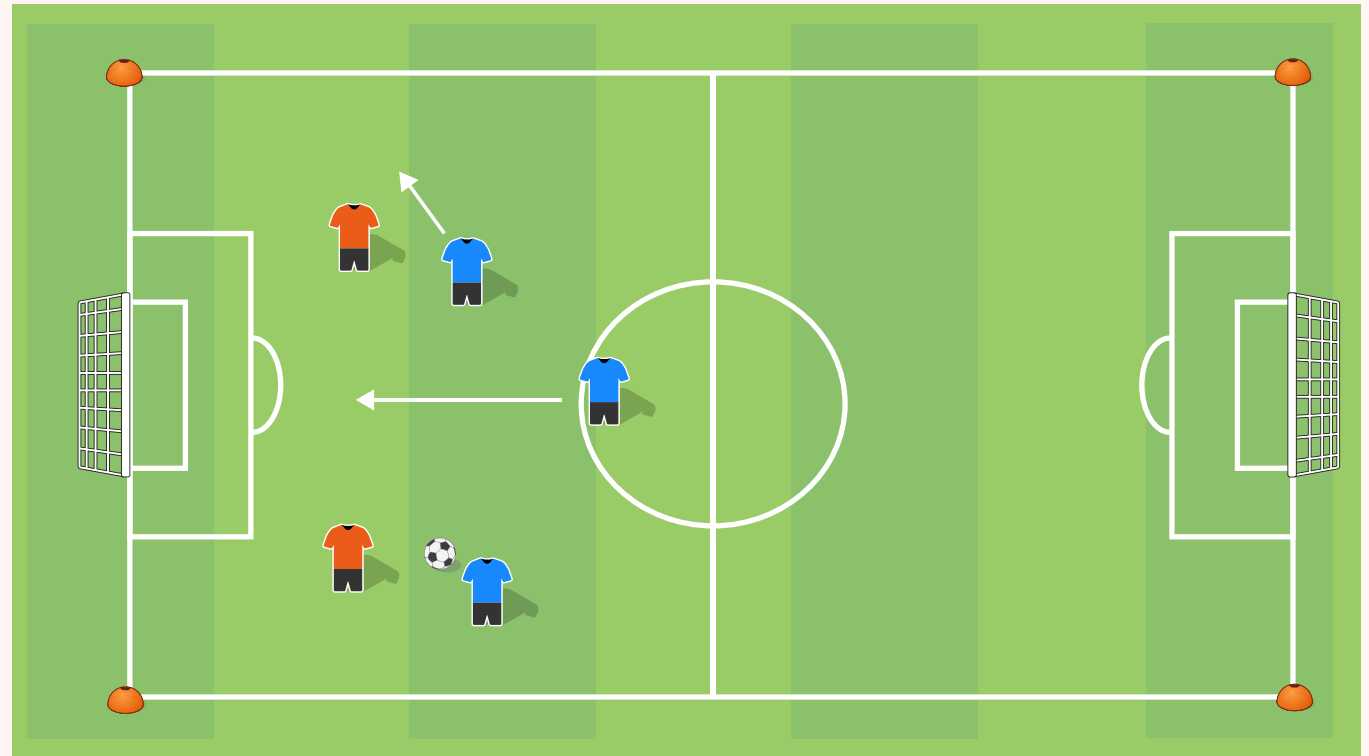
2. With the sole of the foot, roll it back.



3. Go off in a different direction.



Attacking strategy:



Key	pupil	ball	goal	cone
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Communicate supportively.

Each player is given a role/position.

Work towards a shared goal.