




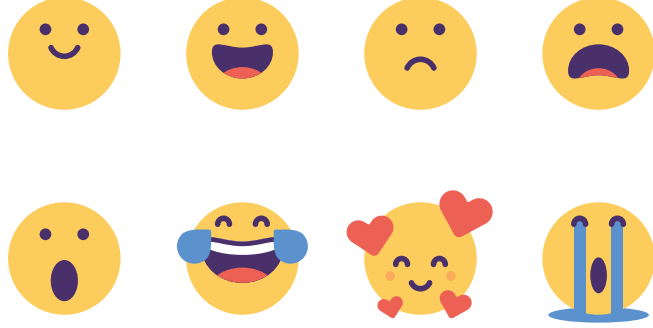
Discover

Making mistakes is a positive part of trying something new.

Take notice

Feelings and emotions can be expressed in different ways.




Connect

Everyone has different thoughts and feelings.





Give

Sharing is an important part of developing friendships.



Vocabulary

active	Taking part in activities that require movement.
empathy	To understand and care about the feelings of someone else.
feeling	Sensations in the body.
mistake	An act or judgement that is misguided.
share	To give or receive something with others.



Move

Moving helps us to keep you fit and healthy and feel happier.

