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Year 1 RSE & PSHE Resource list

| | Setting ground rules around RSE & PSHE | Families and relationships |
|---|--|---|
| | Pens and paper | Pictures of family members Materials to produce pictures Materials for tower building, such as newspaper and sticky tape, spaghetti and marshmallows or straws and paper clips A puppet or similar toy PE hoops or a large piece of paper with big circles drawn on |
| | Health and | nd wellbeing |
| ٥ | Book: 'Where are you Blue Kangaroo' by Emma Chichester Clark | |
| | Book: 'Quick as a Cricket' by Audrey Wood or the link provided in Lesson 2 | 2 |
| | Resources needed to create picture books or devices for recording videos | ys . |
| | A bowl of water, soap and a towel | |
| | Access to hand-washing facilities and an adult if possible | |
| | Glitter in a range of colours (there are environmentally-friendly forms of glitter available that are biodegradable) | |
| | Resources for children to create items for a display, poster or presentation | on |
| | Selection of food packages with allergens marked in bold | |

This list does not include equipment which is usually readily available in the classroom (e.g pencils, A4 paper etc)

Year 1 RSE & PSHE Resource list

| Safety and the changing body | Citizenship | |
|--|--|--|
| Optional: Photographs of people working in school if possible A large space such as the hall or playground A toy/puppet Any books you have available about the jobs featured in the Lesson 8 presentation | Covers to go over any class rules on display in the classroom Books on pets (if available) Magazines/ catalogues with products for babies and children (optional) Scissors A small object to give to each child such as a lollipop stick, button or pencil | |
| Economic wellbeing | Transition lesson | |
| Pretend money A class puppet or soft toy A member of staff to come and talk to the children about their job | Optional: Photographs of people working in school if possible A large space such as the hall or playground A toy/puppet Any books you have available about the jobs featured in the Lesson 8 presentation | |

This list does not include equipment which is usually readily available in the classroom (e.g pencils, A4 paper etc)

Year 2 RSE & PSHE Resource list

| | Setting ground rules around RSE & PSHE | Families and relationships |
|---|--|---|
| 0 | A puppet or persona doll Paper and pens | Familiar books that feature different family setups and challenges/no challenges e.g. Owl Babies, Cinderella, Alfie and Annie Rose books, Charlie and The Chocolate Factory |
| | | A copy of 'On Sudden Hill' by Linda Sarah and Benji DaviesRed and green pens |
| | | ☐ Book: 'Badger's Parting Gift' by Susan Varley |
| | | □ Card |
| | | Paper and materials to produce pictures for a display |
| | | Magazines and/or books featuring different jobs |
| | | |
| | Health and | wellbeing |
| | Book: 'Where are you Blue Kangaroo' by Emma Chichester Clark | |
| | A variety of sports equipment | |
| | Outside space or a hall | |
| | Playing cards | |
| | Needles and thread | |
| | Wooden blocks | |
| | A timer (physical or on-screen) | |
| | Three white eggs or egg shells with a white interior, two high sugar drink e.g. cola/s | quash/juice and water, cups with labels |
| | Selection of food packages with allergens marked in bold | |

This list does not include equipment which is usually readily available in the classroom (e.g pencils, A4 paper etc)

Year 2 RSE & PSHE Resource list

| Safety and the changing body | Citizenship |
|--|---|
| Laptops or desktop computers Paper for poster designs Resources for the children to make posters | Photos of people in your school who look after the environment, such as cleaners, caretaker or lunchtime staff Photos of the local area A list of different groups in the local community children may have come across, for example, different religious groups, older people, clubs and societies |
| Economic wellbeing | Transition lesson |
| Nothing needed for this unit | Nothing needed for this lesson |

Year 3 RSE & PSHE Resource list

| Setting ground rules around RSE & PSHE | Families and relationships |
|--|---|
| □ Sticky notes | Pictionary or charades cards A selection of toy catalogues or printouts of toys from internet sites. Include some which are designed for babies and small children. |
| Health and | l wellbeing |
| □ Nothing needed for this unit | |

This list does not include equipment which is usually readily available in the classroom (e.g pencils, A4 paper etc)

Year 3 RSE & PSHE Resource list

| | Safety and the changing body | Citizenship |
|-------------|--|--|
| 0 0 0 0 0 0 | Laptops or desktop computers Plain paper Pencil cases/colouring pencils A copy of 'Would You Rather' by John Burningham (if available) Paper Scissors Glue Catalogues and magazines | Three pieces of large paper (A3 or larger) each with one of the following headings: Home, School, Local area (you may need two or three sets depending on the size of the class) The name of your local councillor Your local council website Optional:Laptops/ computers/tablets Information on local charities - links to websites, leaflets, printed information from websites. If you have charities you support as a school you may wish to select these. |
| | Economic wellbeing | Transition lesson |
| | Nothing needed for this unit | □ Nothing needed for this lesson |

This list does not include equipment which is usually readily available in the classroom (e.g pencils, A4 paper etc)

Year 4 RSE & PSHE Resource list

| Setting ground rules around RSE & PSHE | Families and relationships | |
|--|---|--|
| Nothing needed for this unit | ☐ A drum or similar instrument | |
| | Optional: Pack of dominoes | |
| | ☐ A range of story books | |
| | ☐ Books about families or daily life in different countries | |
| | ☐ Whiteboards and pens | |
| | ☐ A puppet or toy | |
| | | |
| | | |
| Health and wellbeing | | |
| Toothbrushes, toothpaste and dental health-related images | | |
| Resources for drawing or junk modelling | | |
| Book: 'The Most Magnificent Thing' by Ashley Spires | | |
| Devices for filming | | |
| A small bag | | |
| Book: 'The Colour Thief' by Andrew Fusek & Polly Peters | | |
| Pieces of different coloured card and paper e.g. yellow, red, blue, green, bla | ack, purple | |
| Drawing materials | | |

This list does not include equipment which is usually readily available in the classroom (e.g pencils, A4 paper etc)

Year 4 RSE & PSHE Resource list

| Safety and the changing body | Citizenship | |
|--|--|-----|
| Scissors Laptop or desktop computers A prepared list of keywords or phrases relating to your current history, geography or science topic Collect lots of books about bears (or another chosen animal) from your school library – be sure to include a range of both fiction books (like Winnie-the-Pooh) as well as non-fiction factual books A picture of you or an adult the children know well as a small child Materials such as magazine Images | A list of community organisations in your city, county or region. You might want to include ones the children will not have heard of and t might help to tackle stereotypes, such as a religious group not found your school or support for people with disabilities. Computers/laptops or tablets for research | hat |
| Economic wellbeing | Transition lesson | |
| Nothing needed for this unit | Resources for the children to record their goals (this could include a supplies and/or access to computers or laptops) | ırt |

Year 5 RSE & PSHE Resource list

| | Setting ground rules around RSE & PSHE | Families and relationships |
|---|---|---|
| 0 | Ideas of things you know children learnt about in PSHE in Year 4 Large pieces of paper each with one of the following headings: Relationships, Health and Safety | Materials for the children to use to make posters Labels for corners of the room Clip from the film, Toy Story, where Woody pushes Buzz out of the window – this film is available to buy online via platforms such as Google Play and iTunes, and physically via DVD, Blu-ray and/or 4K UHD Blu-ray. |
| | Health and | d wellbeing |
| | A large space such as a hall | |
| | Laptops or tablets | |
| | Devices for recording | |
| | A 'choose your destiny' themed book | |
| | Calculators | |
| | Access to the internet, a tablet or laptop, one per group | |
| | Sticky notes | |

Year 5 RSE & PSHE Resource list

| Safety and the changing body | | Citizenship |
|---------------------------------|---|-------------------|
| Computers/laptops | ۵ | Dice and counters |
| Paper | | |
| Examples of sanitary protection | | |
| A hoop | | |
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| Economic wellbeing | | Transition lesson |
| Nothing needed for this unit | | Sticky notes |
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Year 6 RSE & PSHE Resource list

| Setting ground rules around RSE & PSHE | Families and relationships |
|---|------------------------------------|
| Ideas of things you know that children learnt about in PSHE in previous lessons | □ Book: Michael Rosen's 'Sad Book' |
| Health and | l wellbeing |
| Paper to make booklets | |

Year 6 RSE & PSHE Resource list

| | Safety and the changing body | | Citizenship | | Economic wellbeing |
|-------------------|--|-----------------|--|---------|--|
| ۵ | Pens | ٠ | Lined paper | | Laptops or computers |
| | Paper | | Access to the internet | | Members of staff in a variety of roles to come and talk to the children about their career paths |
| | Space for conscience alley activity (Lesson 3) | | Relevant books | | |
| | Large pieces of paper labelled: 'Boys', 'Girls', 'Both'. You may need two or more sets depending on the size of the class and groups | | | | |
| | Resources e.g. magazine pictures, catalogues, books for research and links to suitable websites | | | | |
| Transition lesson | | Identity lesson | | | |
| | Sticky notes | | Optional: A collection of magazines and news | papers, | featuring pictures of people that have been |