



RSE & PSHE Resource list

A list of resources required to teach Kapow Primary Year 1-Year 6 RSE & PSHE lessons.

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Setting ground rules around RSE & PSHE	Families and relationships	Health and wellbeing
<ul style="list-style-type: none"> Pens and paper 	<ul style="list-style-type: none"> Pictures of family members Materials to produce pictures Materials for tower building, such as newspaper and sticky tape, spaghetti and marshmallows or straws and paper clips A puppet or similar toy PE hoops or a large piece of paper with big circles drawn on 	<ul style="list-style-type: none"> Book: 'Where are you Blue Kangaroo' by Emma Chichester Clark or the link provided in Lesson 1 Book: 'Quick as a Cricket' by Audrey Wood or the link provided in Lesson 2 Resources needed to create picture books or devices for recording videos A bowl of water, soap and a towel Access to hand-washing facilities and an adult if possible Glitter in a range of colours (there are environmentally-friendly forms of glitter available that are biodegradable) Resources for children to create items for a display, poster or presentation Selection of food packages with allergens marked in bold

Safety and the changing body	Citizenship	Economic wellbeing
<ul style="list-style-type: none"> • Optional: Photographs of people working in school if possible • A large space such as the hall or playground • A toy/puppet • Any books you have available about the jobs featured in the Lesson 8 presentation 	<ul style="list-style-type: none"> • Covers to go over any class rules on display in the classroom • Books on pets (if available) • Magazines/ catalogues with products for babies and children (optional) • Scissors • A small object to give to each child such as a lollipop stick, button or pencil 	<ul style="list-style-type: none"> • Pretend money • A class puppet or soft toy • A member of staff to come and talk to the children about their job

Transition lesson

- Optional: Photographs of people working in school if possible
- A large space such as the hall or playground
- A toy/puppet
- Any books you have available about the jobs featured in the Lesson 8 presentation



Setting ground rules around RSE & PSHE	Families and relationships	Health and wellbeing
<ul style="list-style-type: none"> ● A puppet or persona doll ● Paper and pens 	<ul style="list-style-type: none"> ● Familiar books that feature different family setups and challenges/no challenges e.g. Owl Babies, Cinderella, Alfie and Annie Rose books, Charlie and The Chocolate Factory ● A copy of 'On Sudden Hill' by Linda Sarah and Benji Davies or see the link in Lesson 3 ● Red and green pens ● Book: 'Badger's Parting Gift' by Susan Varley ● Card ● Paper and materials to produce pictures for a display ● Magazines and/or books featuring different jobs 	<ul style="list-style-type: none"> ● Book: 'Where are you Blue Kangaroo' by Emma Chichester Clark or the link provided in Lesson 1 ● A variety of sports equipment ● Outside space or a hall ● Playing cards ● Needles and thread ● Wooden blocks ● A timer (physical or on-screen) ● Three white eggs or egg shells with a white interior, two high sugar drink e.g. cola/squash/juice and water, cups with labels

Safety and the changing body	Citizenship	Economic wellbeing
<ul style="list-style-type: none"> • Laptops or desktop computers • Paper for poster designs • Resources for the children to make posters 	<ul style="list-style-type: none"> • Photos of people in your school who look after the environment, such as cleaners, caretaker or lunchtime staff • Photos of the local area • A list of different groups in the local community children may have come across, for example, different religious groups, older people, clubs and societies 	<ul style="list-style-type: none"> • Nothing needed for this unit

Transition lesson

- Nothing needed for this lesson



Setting ground rules around RSE & PSHE	Families and relationships	Health and wellbeing
<ul style="list-style-type: none"> Sticky notes 	<ul style="list-style-type: none"> Pictionary or charades cards A selection of toy catalogues or printouts of toys from internet sites. Include some which are designed for babies and small children. 	<ul style="list-style-type: none"> Nothing needed for this unit

Safety and the changing body	Citizenship	Economic wellbeing
<ul style="list-style-type: none"> • Laptops or desktop computers • Plain paper • Pencil cases/colouring pencils • A copy of 'Would You Rather' by John Burningham (if available) • Paper • Scissors • Glue • Catalogues and magazines 	<ul style="list-style-type: none"> • Three pieces of large paper (A3 or larger) each with one of the following headings: Home, School, Local area (you may need two or three sets depending on the size of the class) • The name of your local councillor • Your local council website • Optional:Laptops/ computers /tablets • Information on local charities - links to websites, leaflets, printed information from websites. If you have charities you support as a school you may wish to select these. 	<ul style="list-style-type: none"> • Nothing needed for this unit

Transition lesson

- Nothing needed for this lesson



Setting ground rules around RSE & PSHE	Families and relationships	Health and wellbeing
<ul style="list-style-type: none"> Nothing needed for this lesson 	<ul style="list-style-type: none"> A drum or similar instrument Optional: Pack of dominoes A range of story books Books about families or daily life in different countries Whiteboards and pens A puppet or toy 	<ul style="list-style-type: none"> Toothbrushes, toothpaste and dental health-related images Resources for drawing or junk modelling Book: 'The Most Magnificent Thing' by Ashley Spires or see the link on Lesson 3 Devices for filming A small bag Book: 'The Colour Thief' by Andrew Fusek & Polly Peters Pieces of different coloured card and paper e.g. yellow, red, blue, green, black, purple Drawing materials

Safety and the changing body	Citizenship	Economic wellbeing
<ul style="list-style-type: none"> • Scissors • Laptop or desktop computers • A prepared list of keywords or phrases relating to your current history, geography or science topic • Collect lots of books about bears (or another chosen animal) from your school library – be sure to include a range of both fiction books (like Winnie-the-Pooh) as well as non-fiction factual books • A picture of you or an adult the children know well as a small child • Materials such as magazine • Images 	<ul style="list-style-type: none"> • A list of community organisations in your city, county or region. You might want to include ones the children will not have heard of and that might help to tackle stereotypes, such as a religious group not found in your school or support for people with disabilities. • Computers/laptops or tablets for research 	<ul style="list-style-type: none"> • Nothing needed for this unit

Transition lesson

- Resources for the children to record their goals (this could include art supplies and/or access to computers or laptops)



Setting ground rules around RSE & PSHE	Families and relationships	Health and wellbeing
<ul style="list-style-type: none"> • Ideas of things you know children learnt about in PSHE in Year 4 • Large pieces of paper each with one of the following headings: Relationships, Health and Safety 	<ul style="list-style-type: none"> • Materials for the children to use to make posters • Labels for corners of the room 	<ul style="list-style-type: none"> • A large space such as a hall • Laptops or tablets • Devices for recording • A 'choose your destiny' themed book • Calculators • Access to the internet, a tablet or laptop, one per group • Sticky notes

Safety and the changing body	Citizenship	Economic wellbeing
<ul style="list-style-type: none"> Computers/laptops Paper Examples of sanitary protection A hoop 	<ul style="list-style-type: none"> Dice and counters 	<ul style="list-style-type: none"> Nothing needed for this unit

Transition lesson

- Sticky notes



Setting ground rules around RSE & PSHE	Families and relationships	Health and wellbeing
<ul style="list-style-type: none"> Ideas of things you know that children learnt about in PSHE in previous lessons 	<ul style="list-style-type: none"> Book: Michael Rosen's 'Sad Book' 	<ul style="list-style-type: none"> Paper to make booklets

Safety and the changing body	Citizenship	Economic wellbeing
<ul style="list-style-type: none"> • Pens • Paper • Space for conscious alley activity (Lesson 3) • Large pieces of paper labelled: 'Boys', 'Girls', 'Both'. You may need two or more sets depending on the size of the class and groups • Resources e.g. magazine pictures, catalogues, books for research and links to suitable websites 	<ul style="list-style-type: none"> • Lined paper • Access to the internet • Relevant books 	<ul style="list-style-type: none"> • Laptops or computers • Members of staff in a variety of roles to come and talk to the children about their career paths

Transition lesson

- Nothing needed for this lesson

Identity lesson

- Optional: A collection of magazines and newspapers, featuring pictures of people that have been edited and modified

