

Kapow  
Primary™

# RSE & PSHE

Equipment list

# Content

<b>EYFS: Reception</b>	<b>3 - 4</b>
<b>Year 1</b>	<b>5 - 6</b>
<b>Year 2</b>	<b>7 - 8</b>
<b>Year 3</b>	<b>9 - 10</b>
<b>Year 4</b>	<b>11 - 12</b>
<b>Year 5</b>	<b>13 - 14</b>
<b>Year 6</b>	<b>15 - 16</b>

Self-regulation: My Feelings	Building relationships: Special relationships
<ul style="list-style-type: none"> <li><input type="checkbox"/> Book: 'The Colour Monster' by Anna Llenas</li> <li><input type="checkbox"/> Paper in the following colours: yellow, red, green, blue, black, pink</li> <li><input type="checkbox"/> Six cardboard jars (see Teacher notes)</li> <li><input type="checkbox"/> Collage materials in: yellow, red, green, blue, black and pink. Materials could include: fabric scraps, paper or card scraps, ribbons, buttons, sequins, magazine clippings etc.</li> <li><input type="checkbox"/> PVA glue and spreaders</li> <li><input type="checkbox"/> Name cards for each pupil (print out each pupil's name, cut out and laminate)</li> <li><input type="checkbox"/> A set of plastic hoops (two per small group of children)</li> <li><input type="checkbox"/> A set of coloured paper circles for each small group. Each set should contain two of each of the following colours: red, blue, black, pink, green and yellow</li> <li><input type="checkbox"/> Feely bag</li> <li><input type="checkbox"/> Counters for each child</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Photographs or drawings of each child's close family (please read Teacher notes for guidance)</li> <li><input type="checkbox"/> Two puppets</li> <li><input type="checkbox"/> Counting cubes (approximately five per child)</li> <li><input type="checkbox"/> Large parachute</li> </ul>
Managing self: Taking on challenges	
<ul style="list-style-type: none"> <li><input type="checkbox"/> A list of your school rules (you may want to write these on the board before you start)</li> <li><input type="checkbox"/> A list of your classroom rules, if they are not already displayed</li> <li><input type="checkbox"/> A selection of simple games/board games. These can be shop-bought (suggestions below) or printable games that you have used in phonics or maths lessons.</li> <li><input type="checkbox"/> Wooden bricks or building blocks</li> <li><input type="checkbox"/> Sheets</li> <li><input type="checkbox"/> Tarpaulin</li> <li><input type="checkbox"/> Ropes</li> <li><input type="checkbox"/> Heavy duty clips</li> <li><input type="checkbox"/> Pegs</li> <li><input type="checkbox"/> Netting</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Wooden poles</li> <li><input type="checkbox"/> Crates</li> <li><input type="checkbox"/> Clothes airers or chairs</li> <li><input type="checkbox"/> Four eggs (or potatoes) and spoons</li> <li><input type="checkbox"/> Four sacks (for sack race)</li> <li><input type="checkbox"/> Four skipping ropes</li> <li><input type="checkbox"/> Scarves or pieces of fabric</li> <li><input type="checkbox"/> A long piece of rope to be used as a tightrope (you could use a balance beam or a line of tape on the floor as an alternative)</li> </ul>

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Listening and following instructions	My family and friends
<ul style="list-style-type: none"> <li><input type="checkbox"/> Four or five noisy objects: a bell, a squeaky dog toy, a maraca, a crisp packet, corrugated cardboard, tin foil, a paper bag etc.</li> <li><input type="checkbox"/> A feely bag or box</li> <li><input type="checkbox"/> A book from the suggested texts (see Teacher notes)</li> <li><input type="checkbox"/> A large die</li> <li><input type="checkbox"/> Possible obstacle course resources: plastic cones, a balance beam, chalk, skipping ropes, bean bags, a tunnel etc.</li> <li><input type="checkbox"/> Blindfolds (one per pair of children).</li> <li><input type="checkbox"/> Coloured spots made from A4 paper (see Teacher notes)</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Photographs or drawings for each child (see teacher notes)</li> <li><input type="checkbox"/> Small pots or bags (one per pupil)</li> <li><input type="checkbox"/> Counting cubes or similar</li> <li><input type="checkbox"/> Bowl or saucepan</li> <li><input type="checkbox"/> Wooden spoon</li> <li><input type="checkbox"/> Cups or teaspoons to 'test' the 'soup' (optional)</li> <li><input type="checkbox"/> Beach or soft ball</li> <li><input type="checkbox"/> Eggs (or potatoes) and spoons x4</li> <li><input type="checkbox"/> Sack (for sack race) x4</li> <li><input type="checkbox"/> Skipping rope x4</li> <li><input type="checkbox"/> Strips of card to make party hats</li> <li><input type="checkbox"/> Embellishments for hats: sequins, tissue paper shapes, stickers etc.</li> </ul>
<h2>My wellbeing</h2>	
<ul style="list-style-type: none"> <li><input type="checkbox"/> Feely bag</li> <li><input type="checkbox"/> A selection of oversized clothes for the 'getting dressed game'. Adults' clothes work well for this. Suggestions include a shirt or waistcoat, a fleece or jacket with a zip, a hat, a scarf, gloves, and welly boots.</li> <li><input type="checkbox"/> Dried pasta (just one piece per bag) , apples, broccoli, potatoes, bananas, bread (rolls are probably easier to use than slices of bread!), oranges.</li> <li><input type="checkbox"/> Coloured paper</li> <li><input type="checkbox"/> Hoops or chalk to make the rainbow (see Teacher notes)</li> </ul>	

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Setting ground rules around RSE & PSHE	Families and relationships
<ul style="list-style-type: none"> <li><input type="checkbox"/> Pens and paper</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Pictures of family members</li> <li><input type="checkbox"/> Materials to produce pictures</li> <li><input type="checkbox"/> Materials for tower building, such as newspaper and sticky tape, spaghetti and marshmallows or straws and paper clips</li> <li><input type="checkbox"/> A puppet or similar toy</li> <li><input type="checkbox"/> PE hoops or a large piece of paper with big circles drawn on</li> </ul>
<h3>Health and wellbeing</h3>	
<ul style="list-style-type: none"> <li><input type="checkbox"/> Book: 'Where are you Blue Kangaroo' by Emma Chichester Clark</li> <li><input type="checkbox"/> Book: 'Quick as a Cricket' by Audrey Wood or the link provided in Lesson 2</li> <li><input type="checkbox"/> Resources needed to create picture books or devices for recording videos</li> <li><input type="checkbox"/> A bowl of water, soap and a towel</li> <li><input type="checkbox"/> Access to hand-washing facilities and an adult if possible</li> <li><input type="checkbox"/> Glitter in a range of colours (there are environmentally-friendly forms of glitter available that are biodegradable)</li> <li><input type="checkbox"/> Resources for children to create items for a display, poster or presentation</li> <li><input type="checkbox"/> Selection of food packages with allergens marked in bold</li> </ul>	

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Safety and the changing body	Citizenship
<ul style="list-style-type: none"> <li><input type="checkbox"/> Optional: Photographs of people working in school if possible</li> <li><input type="checkbox"/> A large space such as the hall or playground</li> <li><input type="checkbox"/> A toy/puppet</li> <li><input type="checkbox"/> Any books you have available about the jobs featured in the Lesson 8 presentation</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Covers to go over any class rules on display in the classroom</li> <li><input type="checkbox"/> Books on pets (if available)</li> <li><input type="checkbox"/> Magazines/ catalogues with products for babies and children (optional)</li> <li><input type="checkbox"/> Scissors</li> <li><input type="checkbox"/> A small object to give to each child such as a lollipop stick, button or pencil</li> </ul>
Economic wellbeing	Transition lesson
<ul style="list-style-type: none"> <li><input type="checkbox"/> Pretend money</li> <li><input type="checkbox"/> A class puppet or soft toy</li> <li><input type="checkbox"/> A member of staff to come and talk to the children about their job</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Optional: Photographs of people working in school if possible</li> <li><input type="checkbox"/> A large space such as the hall or playground</li> <li><input type="checkbox"/> A toy/puppet</li> <li><input type="checkbox"/> Any books you have available about the jobs featured in the Lesson 8 presentation</li> </ul>

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Setting ground rules around RSE & PSHE	Families and relationships
<ul style="list-style-type: none"> <li><input type="checkbox"/> A puppet or persona doll</li> <li><input type="checkbox"/> Paper and pens</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Familiar books that feature different family setups and challenges/no challenges e.g. Owl Babies, Cinderella, Alfie and Annie Rose books, Charlie and The Chocolate Factory</li> <li><input type="checkbox"/> Book: 'On Sudden Hill' by Linda Sarah and Benji Davies</li> <li><input type="checkbox"/> Red and green pens</li> <li><input type="checkbox"/> Book: 'Badger's Parting Gift' by Susan Varley</li> <li><input type="checkbox"/> Card</li> <li><input type="checkbox"/> Paper and materials to produce pictures for a display</li> <li><input type="checkbox"/> Magazines and/or books featuring different jobs</li> </ul>
<h2>Health and wellbeing</h2>	
<ul style="list-style-type: none"> <li><input type="checkbox"/> Book: 'Where are you Blue Kangaroo' by Emma Chichester Clark</li> <li><input type="checkbox"/> A variety of sports equipment</li> <li><input type="checkbox"/> Outside space or a hall</li> <li><input type="checkbox"/> Playing cards</li> <li><input type="checkbox"/> Needles and thread</li> <li><input type="checkbox"/> Wooden blocks</li> <li><input type="checkbox"/> A timer (physical or on-screen)</li> <li><input type="checkbox"/> Three white eggs or egg shells with a white interior, two high sugar drink e.g. cola/squash/juice and water, cups with labels</li> <li><input type="checkbox"/> Selection of food packages with allergens marked in bold</li> </ul>	

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Safety and the changing body	Citizenship
<ul style="list-style-type: none"> <li><input type="checkbox"/> Laptops or desktop computers</li> <li><input type="checkbox"/> Paper for poster designs</li> <li><input type="checkbox"/> Resources for the children to make posters</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Photos of people in your school who look after the environment, such as cleaners, caretaker or lunchtime staff</li> <li><input type="checkbox"/> Photos of the local area</li> <li><input type="checkbox"/> A list of different groups in the local community children may have come across, for example, different religious groups, older people, clubs and societies</li> </ul>
Economic wellbeing	Transition lesson
<ul style="list-style-type: none"> <li><input type="checkbox"/> Nothing needed for this unit</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Nothing needed for this lesson</li> </ul>

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Setting ground rules around RSE & PSHE	Families and relationships
<ul style="list-style-type: none"><li><input type="checkbox"/> Sticky notes</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> Pictionary or charades cards</li><li><input type="checkbox"/> A selection of toy catalogues or printouts of toys from internet sites. Include some which are designed for babies and small children.</li></ul>
Health and wellbeing	
<ul style="list-style-type: none"><li><input type="checkbox"/> Nothing needed for this unit</li></ul>	

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Safety and the changing body	Citizenship
<ul style="list-style-type: none"> <li><input type="checkbox"/> Laptops or desktop computers</li> <li><input type="checkbox"/> Plain paper</li> <li><input type="checkbox"/> Pencil cases/colouring pencils</li> <li><input type="checkbox"/> Book: 'Would You Rather' by John Burningham (if available)</li> <li><input type="checkbox"/> Paper</li> <li><input type="checkbox"/> Scissors</li> <li><input type="checkbox"/> Glue</li> <li><input type="checkbox"/> Catalogues and magazines</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Three pieces of large paper (A3 or larger) each with one of the following headings: Home, School, Local area (you may need two or three sets depending on the size of the class)</li> <li><input type="checkbox"/> The name of your local councillor</li> <li><input type="checkbox"/> Your local council website</li> <li><input type="checkbox"/> Optional:Laptops/ computers/tablets</li> <li><input type="checkbox"/> Information on local charities - links to websites, leaflets, printed information from websites. If you have charities you support as a school you may wish to select these.</li> </ul>
Economic wellbeing	Transition lesson
<ul style="list-style-type: none"> <li><input type="checkbox"/> Nothing needed for this unit</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Nothing needed for this lesson</li> </ul>

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Setting ground rules around RSE & PSHE	Families and relationships
<ul style="list-style-type: none"> <li><input type="checkbox"/> Nothing needed for this unit</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> A drum or similar instrument</li> <li><input type="checkbox"/> Optional: Pack of dominoes</li> <li><input type="checkbox"/> A range of story books</li> <li><input type="checkbox"/> Books about families or daily life in different countries</li> <li><input type="checkbox"/> Whiteboards and pens</li> <li><input type="checkbox"/> A puppet or toy</li> </ul>
<b>Health and wellbeing</b>	
<ul style="list-style-type: none"> <li><input type="checkbox"/> Toothbrushes, toothpaste and dental health-related images</li> <li><input type="checkbox"/> Resources for drawing or junk modelling</li> <li><input type="checkbox"/> Book: 'The Most Magnificent Thing' by Ashley Spires</li> <li><input type="checkbox"/> Devices for filming</li> <li><input type="checkbox"/> A small bag</li> <li><input type="checkbox"/> Book: 'The Colour Thief' by Andrew Fusek &amp; Polly Peters</li> <li><input type="checkbox"/> Pieces of different coloured card and paper e.g. yellow, red, blue, green, black, purple</li> <li><input type="checkbox"/> Drawing materials</li> </ul>	

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Safety and the changing body	Citizenship
<ul style="list-style-type: none"> <li><input type="checkbox"/> Scissors</li> <li><input type="checkbox"/> Laptop or desktop computers</li> <li><input type="checkbox"/> A prepared list of keywords or phrases relating to your current history, geography or science topic</li> <li><input type="checkbox"/> Collect lots of books about bears (or another chosen animal) from your school library – be sure to include a range of both fiction books (like Winnie-the-Pooh) as well as non-fiction factual books</li> <li><input type="checkbox"/> A picture of you or an adult the children know well as a small child</li> <li><input type="checkbox"/> Materials such as magazine</li> <li><input type="checkbox"/> Images</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> A list of community organisations in your city, county or region. You might want to include ones the children will not have heard of and that might help to tackle stereotypes, such as a religious group not found in your school or support for people with disabilities.</li> <li><input type="checkbox"/> Computers/laptops or tablets for research</li> </ul>
Economic wellbeing	Transition lesson
<ul style="list-style-type: none"> <li><input type="checkbox"/> Nothing needed for this unit</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Resources for the children to record their goals (this could include art supplies and/or access to computers or laptops)</li> </ul>

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Setting ground rules around RSE & PSHE	Families and relationships
<ul style="list-style-type: none"> <li><input type="checkbox"/> Ideas of things you know children learnt about in PSHE in Year 4</li> <li><input type="checkbox"/> Large pieces of paper each with one of the following headings: Relationships, Health and Safety</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Materials for the children to use to make posters</li> <li><input type="checkbox"/> Labels for corners of the room</li> <li><input type="checkbox"/> Clip from the film, Toy Story, where Woody pushes Buzz out of the window – <i>this film is available to buy online via platforms such as Google Play and iTunes, and physically via DVD, Blu-ray and/or 4K UHD Blu-ray.</i></li> </ul>
<b>Health and wellbeing</b>	
<ul style="list-style-type: none"> <li><input type="checkbox"/> A large space such as a hall</li> <li><input type="checkbox"/> Laptops or tablets</li> <li><input type="checkbox"/> Devices for recording</li> <li><input type="checkbox"/> A 'choose your destiny' themed book</li> <li><input type="checkbox"/> Calculators</li> <li><input type="checkbox"/> Access to the internet, a tablet or laptop, one per group</li> <li><input type="checkbox"/> Sticky notes</li> </ul>	

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Safety and the changing body	Citizenship
<ul style="list-style-type: none"> <li><input type="checkbox"/> Computers/laptops</li> <li><input type="checkbox"/> Paper</li> <li><input type="checkbox"/> Examples of sanitary protection</li> <li><input type="checkbox"/> A hoop</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Dice and counters</li> </ul>
Economic wellbeing	Transition lesson
<ul style="list-style-type: none"> <li><input type="checkbox"/> Nothing needed for this unit</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Sticky notes</li> </ul>

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<b>Setting ground rules around RSE &amp; PSHE</b>	<b>Families and relationships</b>
<input type="checkbox"/> Ideas of things you know that children learnt about in PSHE in previous lessons	<input type="checkbox"/> Book: Michael Rosen's 'Sad Book'
<b>Health and wellbeing</b>	
<input type="checkbox"/> Paper to make booklets	

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Safety and the changing body	Citizenship	Economic wellbeing
<ul style="list-style-type: none"> <li><input type="checkbox"/> Pens</li> <li><input type="checkbox"/> Paper</li> <li><input type="checkbox"/> Space for conscience alley activity (Lesson 3)</li> <li><input type="checkbox"/> Large pieces of paper labelled: 'Boys', 'Girls', 'Both'. You may need two or more sets depending on the size of the class and groups</li> <li><input type="checkbox"/> Resources e.g. magazine pictures, catalogues, books for research and links to suitable websites</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Lined paper</li> <li><input type="checkbox"/> Access to the internet</li> <li><input type="checkbox"/> Relevant books</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Laptops or computers</li> <li><input type="checkbox"/> Members of staff in a variety of roles to come and talk to the children about their career paths</li> </ul>
Transition lesson	Identity lesson	
<ul style="list-style-type: none"> <li><input type="checkbox"/> Sticky notes</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Optional: A collection of magazines and newspapers, featuring pictures of people that have been edited and modified</li> </ul>	

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