

RSE & PSHE Year 6 Resource List

Unit > Introduction: Setting rules and signposting

- Ideas of things you know that children learnt about in PSHE in previous lessons

Unit > Family and relationships

- A hard copy of Michael Rosen's 'Sad Book' (if available)

Unit > Health and wellbeing

- Paper to make booklets

Unit > Safety and the changing body

- Pens
- Paper
- Space for conscious alley activity (Lesson 3)
- Large pieces of paper labelled: 'Boys', 'Girls', 'Both'. You may need two or more sets depending on the size of the class and groups
- Resources e.g. magazine pictures, catalogues, books for research and links to suitable websites (Lesson 6)

Unit > Citizenship

- Lined paper (a sheet per pupil)
- Access to the **internet**
- Relevant books

Unit > Economic wellbeing

- Laptops or computers with access to the internet
- Members of staff in a variety of roles to come and talk to the children about their career paths

Unit > Identity

- A collection of magazines and newspapers, featuring pictures of people that have been edited and modified (optional)

Unit > Transition lesson

- Nothing needed for this lesson