

RSE & PSHE Year 4 Resource List

Unit > Introduction: Setting ground rules for PSHE & RSE lessons

- Nothing needed for this lesson

Unit > Family and relationships

- A drum or similar instrument
- Pack of dominoes (optional)
- A range of story books
- Access to the internet
- Books about families or daily life in different countries
- Whiteboards or pens
- A puppet or toy

Unit > Health and wellbeing

- Toothbrushes, toothpaste and dental health-related images
- Resources for drawing or junk modelling
- Copy of the story 'The Most Magnificent Thing' by Ashley Spires or see the link on Lesson 3
- Devices for filming
- A small bag
- The book 'The Colour Thief' by Andrew Fusek & Polly Peters
- Pieces of different coloured card and paper e.g. yellow, red, blue, green, black, purple
- Drawing materials

Unit > Safety and the changing body

- Scissors
- Laptop or desktop computers
- A prepared list of keywords or phrases relating to your current history, geography or science topic

- Collect lots of books about bears (or another chosen animal) from your library or different classrooms – be sure to include a range of both fiction books (like Winnie-the-Pooh) as well as non-fiction factual books
- A picture of you or an adult the children know well as a small child
- Materials such as magazine images (Lesson 6)

Unit > Citizenship

- A list of community organisations in your city, county or region. You might want to include ones the children will not have heard of and that might help to tackle stereotypes, such as a religious group not found in your school or support for people with disabilities.
- Computers/laptops or tablets for research

Unit > Economic wellbeing

- Nothing needed for this unit

Unit > Transition lesson

- Resources for the children to record their goals (this could include art supplies and/or access to computers or laptops)